

## APPETIZERS

- **BUFFALO CAULIFLOWER / \$19**  
Tempura battered cauliflower in a hot sauce. Served with our in-house blue cheese dip.
- **CALAMARI & TIGER SHRIMP / \$23**  
Calamari, shrimp & jalapeños lightly dusted and deep fried to golden brown, topped with green onions and lemon pepper seasoning. Served with tzatziki sauce.
- MUSSELS GORGONZOLA / \$23**  
Prepared with bacon, onions and sweet peppers in our creamy Gorgonzola sauce.
- HOMEMADE COCONUT SHRIMP / \$18**  
Served with a Thai chili sauce.

- **HOMEMADE MADRAS CHICKEN CURRY ROLLS / \$16**  
Homemade chicken curry wrapped in an egg roll tossed in bread crumbs, deep-fried. Served with sweet chili dipping sauce.

**HOMEMADE SPINACH & ARTICHOKE DIP / \$15**  
Served with nacho chips and grilled pita bread.

**CHICKEN FINGERS / \$14**  
Chicken tenders served with plum sauce.  
Add fries / **\$3.50**

**CHICKEN WINGS / \$18**  
Served with carrots and celery and your choice of ranch, blue cheese or dill dip. Non-breaded (8).

Extra sauce / **\$1** Extra carrots & celery / **\$3**  
Add fries / **\$3.50**

### Wing Flavours

BBQ – Medium – Hot – Suicide – Honey Garlic  
Hot & Honey – Cajun – Jamaican Jerk – Teriyaki  
Keswickian – Sweet Chili – Salt & Pepper – Lemon Pepper

**MOZZARELLA CHEESE STICKS / \$11**  
Deep-fried cheese sticks, served with homemade marinara sauce.

**CRISPY POTATO SKINS / \$13**  
Loaded with bacon, green onions and mixed cheese. Served with sour cream.

**STEAK & BACON POUTINE / \$23**  
Golden fries topped with cheese, grilled steak, smoked bacon, onions and mushrooms, smothered in beef gravy and topped with green onions.

**CHIPOTLE BACON CHEESE FRIES / \$16**  
Fries topped with chipotle bacon, shredded mixed cheese and scallions.

**BASKET OF FRIES / \$10**  
Side of beef gravy / **\$2.50**

**SWEET POTATO FRIES**  
Served with chipotle mayo / **\$11**

## PLANT BASED

➤ **SPICY PLANT BASED WINGS / \$18**  
Served with carrots and celery and our dill dipping sauce.

➤ **THE BEACH POWER BURGER / \$20**  
Plant based burger topped with dairy free cheese, mushrooms, lettuce, onions, tomato, pickle. Served with house salad.

➤ **BEYOND™ CHICKEN TENDERS / \$18**  
Plant based chicken tenders with fries. Served with plum sauce.

## BREAKFAST (SERVED UNTIL 3 PM)

**STEAK AND EGGS / \$23**  
Three eggs served to your liking with a 8oz. Striploin steak grilled to perfection. Served with fries and toast.

**TOASTED WESTERN SANDWICH / \$17**  
Two scrambled eggs with ham, onions and green peppers on your choice of bread. Served with fries.

## KIDS MENU

Kids meals are for 12 years & under only. All kids meals (excluding pasta) come with one choice of side (fries, garden salad or celery and carrots) and a fountain pop.

Add \$2.25 for milk or juice  
Add \$2.25 to include an ice cream

**HAMBURGER / \$10** Add cheese / **\$1**

**CHICKEN FINGERS / \$11**

**MINI CHEESE PIZZA / \$11**  
Add bacon / **\$3**

**MACARONI & CHEESE / \$11**

**PENNE PASTA / \$9**  
Choice of cream or tomato sauce.

### \*\*FOOD ALLERGY / INTOLERANCE NOTICE\*\*

Food prepared in our restaurant may contain the following ingredients: milk, eggs, wheat, peanuts, and tree nuts. If you have a food allergy or intolerance, please notify your server. We offer gluten-free items but cannot guarantee no cross-contamination with other gluten-containing ingredients that are prepared in our kitchen.

## SOUPS & SALADS

**CHEF'S DAILY SOUP / \$8**  
Homemade seasonal soup.

**FRENCH ONION SOUP / \$10**  
Oven baked with a hint of brandy topped with Swiss and Parmesan cheese.

**SALAD DRESSINGS**  
Balsamic, Blue Cheese, Dill, Ranch, Raspberry Vinaigrette or Oil & Vinegar

**SALAD ADD-ONS**  
Grilled chicken breast / **\$7**  
AAA steak, salmon or shrimp / **\$10**

**GARDEN SALAD**  
Mixed greens topped with cucumber, shredded carrots and tomatoes. Served with your choice of dressing.

Appetizer / **\$7** Dinner / **\$10**

**CAESAR SALAD**  
Romaine lettuce, bacon bits, croutons and Parmesan cheese tossed in Caesar dressing.

Appetizer / **\$10** Dinner / **\$15**

**GREEK SALAD**  
Mixed greens with diced tomatoes, cucumbers, red onions, olives and feta cheese tossed in our Greek dressing.

Appetizer / **\$10** Dinner / **\$15**

- **CHICKEN FAJITAS SALAD / \$20**  
Mixed greens topped with spiced cajun chicken, bell peppers, onions, BBQ sauce and a touch of Cajun spice with Tex-Mex cheese.

**SPINACH & MANDARIN SALAD / \$19**  
Baby spinach, almonds, crispy bacon, red onions, mandarin oranges, feta cheese and balsamic dressing topped with crispy noodles.

**THAI MANGO TUNA SALAD / \$19**  
Tuna flakes topped with baby spinach, julienne peppers, onions, mango, goat cheese and cashew nuts. Served with raspberry vinaigrette, topped with crispy noodles.

## DELICIOUS TEX MEX

- **NACHOS OLE / \$25**  
Crispy corn chips loaded with cheddar and mozzarella cheese, tomatoes, black olives, green onions, and jalapeño peppers. Served with salsa and sour cream.

Extra Cheese / **\$5**  
Grilled chicken breast / **\$7**  
AAA steak / **\$10**

- **QUESADILLAS / \$15**  
A combination of tomatoes, jalapeño peppers, green onions, goat cheese and mixed shredded cheese. Served with salsa and sour cream.

Add Grilled chicken breast / **\$7**  
Add AAA steak / **\$10**

- **KETO TACO CASSEROLE / \$21**  
Ground Angus beef, onions, peppers, tomatoes, jalapeño peppers topped with egg and melted cheese. Served with keto chips.

## HOMEMADE BURGERS

All of our homemade burgers are served with your choice of French fries or mixed greens.

**SIDE ALTERNATIVES / \$3.50**  
Caesar or Greek salad, sweet potato fries, poutine, chef's soup or French onion soup.

**THE BEACH BURGER / \$18**  
Homemade blend of chuck sirloin 8oz. burger with lettuce, tomato, onions, pickle and chipotle mayo.

Add Cheese / **\$3**  
Cheddar, Swiss or Goat Cheese

Add Bacon / **\$4**

**THE PHILIP BURGER / \$25**  
Angus beef 8oz hamburger, loaded with shaved prime rib, bacon, mushrooms, and cheddar, with chipotle mayo on a scallion bun.

## SANDWICHES

All sandwiches & wraps are served with your choice of french fries or mixed greens.

**SIDE ALTERNATIVES / \$3.50**  
Caesar or Greek salad, sweet potato fries, poutine, chef's soup or French onion soup.

**THE BEACH CLUB / \$22**  
Grilled chicken breast, bacon, cheddar, lettuce, tomato and chipotle mayo on a ciabatta bun.

**TURKEY CLUB / \$22**  
Smoked Turkey, lettuce, tomato, bacon and swiss cheese and chipotle mayo on a ciabatta bun.

**TRADITIONAL REUBEN / \$19**  
Steamed corned beef with sauerkraut and swiss cheese on rye bread, served with fries.

**STEAK SANDWICH / \$26**  
8oz. New York Striploin with sautéed mushrooms on a toasted ciabatta bun.

**VEAL ASIAGO / \$23**  
Breaded veal cutlet served with sautéed peppers, onions and mushrooms in a light tomato sauce topped with cheese on a potato scallion bun.

**GEORGE'S CHICKEN FOLD OVER / \$21**  
Smoked chicken and bacon with onions, tomatoes, peppers, goat cheese and chipotle mayo. Served in a folded pita.

**PHILLY STEAK WRAP / \$21**  
Beef tenders, sautéed with bell peppers, mushrooms, onions and cheese wrapped in a flour tortilla.

**GRILLED VEGETABLE WRAP / \$18**  
Seasonal grilled vegetables, mushrooms, spinach, artichoke heart and goat cheese wrapped in a flour tortilla and drizzled with a balsamic glaze.

## PASTAS

**PASTA ADD-ONS**  
Grilled chicken breast / **\$7**  
AAA steak, scallops or shrimp / **\$10**  
Garlic bread / **\$1.50**  
Gluten Free Pasta / Add **\$3**

**THE BEACH VEGETARIAN PENNE / \$23**  
Whole wheat penne pasta with seasonal vegetables, mushrooms, spinach, artichoke hearts and roasted garlic tossed in olive oil and chardonnay sauce.

- **THE INDIAN KING / \$22**  
Penne pasta with mushrooms, peppers, carrots, spinach and fresh tomatoes in a madras coconut curry cream sauce.

- **THE BEACH JAMBALAYA / \$26**  
Penne with tiger prawns, chicken, sausage, mixed peppers, onion, mushrooms in our homemade spicy tomato sauce.

**JERK CHICKEN PENNE / \$26**  
Penne with grilled chicken, bell peppers, onions, mushrooms and spinach in our Caribbean jerk cream sauce.

**BEEF TIP PENNE / \$29**  
Whole wheat penne with beef sirloin tips, mushrooms, red onions, winter greens in a brandy demi Asiago cream sauce.

**SMOKED CHICKEN BACON PENNE / \$28**  
Penne with smoked chicken, bacon, mushrooms and spinach in a Gorgonzola pesto cream sauce.

**SMOKED SAUSAGE BACON AND HAM PENNE / \$25**  
Penne with mushrooms and spinach in our homemade tomato goat cheese sauce.

**FETTUCCHINE ALFREDO / \$17**  
Fettuccine pasta tossed in our creamy Alfredo sauce, topped with green onions.

**SALMON FETTUCCHINE / \$26**  
Fettuccine pasta with salmon, mushrooms and spinach in a Asiago cream sauce.

**SCALLOP FETTUCCHINE / \$32**  
Fettuccine pasta with scallops, peppers and onions in our pesto rose sauce. Topped with bacon and goat cheese.

**SEAFRUIT LINGUINE / \$38**  
Linguine pasta with jumbo scallops, shrimp, crab meat, onions, fresh tomato and goat cheese in a wine cream sauce.

**SHRIMP LINGUINE / \$26**  
Linguine pasta with tiger shrimp, in a tomato cream sauce.

**THE BEACH HOMESTYLE MAC & CHEESE WITH CRAB MEAT & BACON / \$25**  
Macaroni noodles in a homemade creamy cheddar cheese sauce.

## ENTRÉES

The Atlantic Salmon, Steak and Apple Cider Chicken Dinners come with a choice of two of the following sides:

Garden salad, seasonal vegetables, mashed potatoes and basmati rice.

**SIDE ALTERNATIVES / \$3.50**  
Caesar or Greek salad, sweet potato fries, poutine, chef's soup or French onion soup.

**ATLANTIC SALMON DINNER / Market Price**  
Roasted garlic crusted salmon topped with shrimp in a lemon Thai butter sauce.

**CERTIFIED ANGUS 10oz. STEAK / Market Price**  
Grilled to perfection, topped with mushrooms, roasted garlic, shallots and Grand Marnier infused Gorgonzola glaze.

**APPLE CIDER CHICKEN / \$28**  
A tender chicken breast simmered in apple cider with bacon, mushrooms, onions and a splash of cream.

- **IN HOUSE CHICKEN CURRY / \$25**  
Served on a bed of basmati rice with a grilled pita. Extra pita / **\$2**

**CHICKEN SOUVLAKI DINNER / \$25**  
Chicken souvlaki skewers (2). Served on a bed of basmati rice with a side of Greek salad.

**FISH & CHIPS / \$23**  
Crispy battered haddock (1 piece). Served with crispy French fries and tartar sauce.

**STIR FRY / \$18\***  
A medley of stir-fried fresh vegetables with your choice of oyster, soya, or teriyaki sauce.

\*ADD-ONS | Grilled chicken breast / **\$7**  
AAA steak or shrimp / **\$10**

## Daily Specials

### MONDAYS

**THE BEACH HOMEMADE BURGER**  
Fresh blend of chuck sirloin 8oz. hamburger with lettuce, tomato, onions, pickles and chipotle mayo. Served with a choice of fries or a garden salad / **\$15**

Add Cheese / **\$3**  
Cheddar, Swiss or Goat Cheese  
Add Bacon / **\$4**

### TUESDAYS

**STEAK & WILD MUSHROOM / \$25**  
Beef tenders sautéed with wild mushrooms, in a Guinness gravy. Served with mashed potatoes and seasonal vegetables.

### WEDNESDAYS

**CHICKEN CURRY / \$23**  
Served on a bed of basmati rice with pita. Extra pita. / **\$2**

### THURSDAYS

**FISH & CHIPS / \$20**  
Crispy battered haddock (1 piece). Served with crispy French fries and tartar sauce.

### FRIDAYS

**RACK OF LAMB / \$45**  
Topped with mushrooms, onions, garlic, in goat cheese cream sauce. Served with seasonal vegetables and mashed potatoes.

### SATURDAYS

**CHEF'S PICK!** Board specials.

### SUNDAYS

**THE BEACH HOMEMADE BUTTER CHICKEN / \$23**  
Served with basmati rice and pita.

